

2012 HANDLE BARBELL OPEN



- **T-shirts with Handle Barbell logo! (indicate size on entry form)**
- **Every lift filmed and available for download! (2-3 wks after meet)**
 - **V-scope/bar tracing analysis of every lift! (<http://www.dynamic-eleiko.com/products/vscope.html>) (2-3 wks after meet)**
 - **Video replay of every lift!**

2012 HANDLE BARBELL OPEN
GENERAL INFORMATION & PARTICIPATION CONTRACT
 February 4, 2012

VENUE: Mountain States Health Alliance Athletics Center (mini-dome)
 Corner of John Robert Bell Drive and State of Franklin Road
 Johnson City, TN 37604
 423-439-4655 / www.sportscienceed.com

HOTEL: Please visit www.sportscienceed.com for a list of hotels

MEET DIRECTORS: Tim McInnis and Christian Carter

SANCTION NUMBER: 15-12-01

SANCTIONED BY: USA Weightlifting

ORGANIZING COMMITTEE: Stoneage Weightlifting Club

RULES: All competitors must be current USAW members. USAW registrations will be offered at the venue. Current USAW and IWF rules will apply.

ENTRY FEES: Individual - \$50 // Junior/Youth - \$35 // Team - \$70
 (All fees are nonrefundable)

MAKE CHECK PAYABLE TO: Stoneage Weightlifting Club

ENTRY SUBMISSION AND INQUIRIES:

Please mail completed registration form and check to:

ETSU – CESSCE
 Attn: Christian Carter
 Box 70654
 Johnson City, TN 37614-1701

For inquiries about the meet please email Christian Carter at carter1@uwalumni.com

ENTRY DEADLINE: Saturday, January 31, 2012

AWARDS: Medals - top 3 in each class for total.
 Best Lifter Awards

WEIGHT CLASSES(KGs):	DIVISION	BIRTH YEAR	WEIGHT CLASSES(KGs)
	13 and under BOYS	1998 or later	35/39/44/50/56/62/69/69+
	13 and under GIRLS	1998 or later	35/39/44/58/53/58/58+
	14-15 BOYS	1997/1996	44/50/56/62/69/77/85/85+
	14-15 GIRLS	1997/1996	44/48/53/58/63/69/69+
	16-17 BOYS	1995/1994	56/62/69/77/85/94/105/105+
	16-17 GIRLS	1995/1994	48/53/58/63/69/75/75+
	18-20 BOYS	1993/1992/1991	56/62/69/77/85/94/105/105+
	18-20 GIRLS	1993/1992/1991	48/53/58/63/69/75/75+
	SENIOR MEN	1990 or earlier	56/62/69/77/85/94/105/105+
	SENIOR WOMEN	1990 or earlier	48/53/58/63/69/75/75+

2012 HANDLE BARBELL OPEN
TENTATIVE DATE and TIME SCHEDULE OF COMPETITION

Weigh-in and lifting schedule are subject to change. Changes, if needed, will be announced. This will be a one-platform competition.

All Youth/Junior Girls // Women's 48 – 69 kg: lift at 10:00 am – weigh-in begins at 8:00 am

All Youth/Junior Men // Men's 56 – 85 kg: lift at 10:00 am – weigh-in begins at 8:00 am

Women's 75–75+ kg: lift at 12:00 am – weigh-in begins at 10:00 am

Men's 94 – SH lift at 12:00 am – weigh-in begins at 10:00 am

**2012 HANDLE BARBELL OPEN
OFFICIAL ENTRY FORM**

RETURN ENTRY TO: ETSU – CESSCE
Attn: Christian Carter
Box 70654
Johnson City, TN 37614-1701

ENTRY FEES: Individual - \$50 // Junior/Youth - \$35 // Team - \$70
(All fees are nonrefundable)

MAKE CHECK PAYABLE TO: Stoneage Weightlifting Club

Please enter me in the USA Weightlifting Handle Barbell Open. I certify that I am an amateur in good standing. In consideration of my entry in the competition, I do hereby waive, and release USA Weightlifting, their respective directors, officers, officials, agents, employees, assigns, partners, representatives and competition personnel, hereinafter known as the "Organizers," from any and all causes of action, loss, liability, claims and demands of every kind and nature, which I or my heirs or personal representatives may have for bodily injury, for expenses of medical treatment, hospitalization, and other care rendered to me in the event of my injury or illness, or for any and all other costs, damages or losses suffered or incurred by me or occasioned to me in connection with my travel to and from, and my participation in, the competition and related activities, except that the forgoing waiver and release shall not apply to injuries, damages, and losses resulting from the gross negligence and/or wanton misconduct of the Organizers or to bodily injuries and medical expenses covered by accidental death, dismemberment and/or loss of sight and medical reimbursement insurance policies maintained by the Organizers.

I agree to be filmed and photographed under conditions approved and authorized by the USA Weightlifting, to include the use of my name, biographical information, public appearances, interviews, photographs, portrait and motion pictures and television recordings of my weightlifting performance and grant to USA Weightlifting and Organizers the right to record and make use of the same, and to authorize others to do so in promoting the competition and the success of the weightlifting team on which I compete, to promote the image of USA Weightlifting, the Organizers, their sponsors and advertisers, and the sport of amateur weightlifting, and to fund the activities of the USA Weightlifting.

I (and my parent or guardian, if I am a minor), agree that the Organizers and their agents, including competition personnel, may make judgments (with appropriate input from available medical personnel), as to my treatment, hospitalization or other medical care in the event of my illness or accidental injury in connection with my participation in the competition, should I be disabled or incompetent to make necessary and appropriate decisions concerning such treatment, hospitalization or other care. I authorize the Organizers, their agents and competition personnel to make such decisions for me as though they stood in a relationship to me of parent, guardian or next of kin should circumstances require the Organizers, their agents and competition personnel to make such judgments, and my next of kin cannot be timely and conveniently contacted to participate in the making of such judgments.

I hereby release and agree to hold the Organizers, their agents and competition personnel harmless from all expenses, causes of action, liability, claims and demands arising from good faith judgments made by the Organizers, their agents and competition personnel concerning my treatment, hospitalization and medical care in the event of my illness, injury or other emergent circumstances in connection with the competition.

I (and my parent or guardian, if I am a minor), agree that I will be financially responsible for treatment, hospitalization and other medical care rendered to me in the event of my illness, injury or other emergency circumstances in connection with the competition, except to the extent my injuries and medical expenses, if any, are covered by accidental death, dismemberment and/or loss of sight and medical reimbursement insurance policies maintained by the Organizers for my benefit, in which event I will nevertheless continue to be financially responsible for expenses of treatment, hospitalization and other medical care in excess of such policies' limits

I understand the above requirements and releases: _____
(athlete signature) (date)

ATHLETES UNDER 18 YEARS OF AGE MUST HAVE THE FOLLOWING SECTION COMPLETED BY A PARENT OR GUARDIAN

I have explained to my son/daughter the aforementioned releases and conditions and their ramifications and I further consent to his/her registration for this USA Weightlifting activity under the above stipulated conditions.

PARENT/GUARDIAN SIGNATURE _____ DATE _____

PRINTED PARENT/GUARDIAN NAME: _____

**2012 HANDLE BARBELL OPEN
OFFICIAL TEAM ENTRY FORM**
(Make copies as necessary for additional teams)

SELECT ONE: _____ MEN'S TEAM (8 athletes, max) _____ WOMEN'S TEAM (8 athletes, max)
 _____ COED TEAM (4 Men/4 Women, max)

Please enter the following Team in the 2012 Handle Barbell Open. Enclosed is my check for **\$70.00 (per team, Non-Refundable)**, made out to 'Stoneage Weightlifting Club'. I also understand that no team points will be awarded for any lifter who fails to post a total. Team points based on USA Weightlifting rules and will be in total only. 1st= 12 points, 2nd = 9, 3rd= 8, 4th=7, 5th=6, 6th=5, 7th=4, 8th=3, 9th=2, 10th=1

This tentative team roster must be submitted and each athlete on this roster must submit an individual entry indicating that he represents this club. **Team entries must be postmarked no later than the entry deadline.**

Final team rosters are due in before the start of competition. **No more than 2 per class are scored.** A club can enter as many individuals in each weight class as they desire but only 2 in each weight class can compete for the team award. Those who are competing with the team must be listed on the team registration form.

OFFICIAL USA WEIGHTLIFTING CLUB NAME _____ CLUB # _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

ATHLETE'S NAME	WT CLASS	TOTAL
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____
4. _____	_____	_____
5. _____	_____	_____
6. _____	_____	_____
7. _____	_____	_____
8. _____	_____	_____

ALTERNATES:

1. _____	_____	_____
2. _____	_____	_____

CLUB OFFICIAL: _____ USA Weightlifting # _____
 (PLEASE PRINT)

SIGNATURE: _____ Date: _____

Additional information and updates will be posted on www.sportscienceed.com