

2010 Stoneage Invitational – Annual Weightlifting Meet

Saturday, September 18th, 2010

Class: _____ (choose only one class, any changes in weight class must be made prior to the scheduled weigh-in time)

Sex: _____ Age: _____ Date of Birth: ___/___/_____

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Telephone Number: (____) _____ - _____

E-mail Address: _____

Team Competing For: _____

USAW Number _____ Expiration Date _____

(If you are not yet a member of USA Weightlifting, you must purchase a membership card at the meet and a number will be assigned to you.)

Fee - \$12.00 - make checks payable to ETSU-SPEC

One piece suits are mandatory

I do not hold SPEC or East Tennessee State University liable for damages, injuries, or losses suffered by me in this meet.

Meet Schedule:

Women's 48 – 69 kg: lift at 10:00 am – weigh-in begins at 8:00 am

Men's 56 – 85 kg: lift at 10:00 am – weigh-in begins at 8:00 am

Women's 75–75+ kg: lift at 11:00 am – weigh-in begins at 9:00 am

Men's 94 – SH lift at 11:00 am – weigh-in begins at 9:00 am

Cheap Awards for 1st – 3rd place for each class

Master's Awards – based on formula 1st – 3rd based on formula.