

Weightlifting at ETSU

Who we are,

Our program is like none other; you will be coached by former Olympians / Olympic coaches, sports scientists and weightlifters, all working under ETSU's [Center of Excellence for Sport Science & Coach Education](#). The Center was founded by [Meg Stone](#) – former Olympian and first female college Head Strength Coach – and [Dr. Mike Stone](#) – who has over 200 publications in areas relating to physiological and performance adaptations of strength/power training and weightlifting.

Our mission,

To develop an Olympic Gold medalist weightlifter!

Our values,

We prioritize the application of rigorous sports science above all else. Our graduate students are trained not only to analyze and conduct original research, but also to apply this research to inform coaching practices.

Our offering to athletes,

In our quest to develop the next Olympic weightlifter, we offer financial assistance for resident student weightlifters. Aside from world class coaching, students have the opportunity to learn from our faculty who specialize in a wide range of research interests including sport nutrition, biomechanics, and power development.

Interested in joining our Weightlifting program? Find out more about ETSU!

Visit our [Welcome Center](#); learn important [Admissions](#) information; calculate your [Tuition & Fees](#); look into our [Academic calendar](#); find [Housing](#), [On-Campus Dining](#) & [Parking](#) options; order school [Books](#); and learn about our [Academic Scholarships](#)! And don't forget to learn more about your new home, [Johnson City](#)!

Scholarship categories,

Award	Tuition	Fees	Room	Board	Books
<i>Full Ride</i>	Yes	Yes	Yes	Yes	Yes
<i>Full Tuition + Room</i>	Yes	Yes	Yes	No	Yes
<i>Full Tuition</i>	Yes	Yes	No	No	Yes
<i>Out-of-State Tuition</i>	Yes	Yes	No	No	Yes
<i>1/2 Out-of-State Tuition</i>	1/2 O.O.S	Yes	No	No	Yes
<i>In-State Tuition</i>	Yes	Yes	No	No	Yes
<i>1/2 In-State Tuition</i>	1/2 I.S.	Yes	No	No	Yes
<i>Program Fee + Books</i>	No	Yes (Program fee)	No	No	Yes
<i>Books</i>	No	No	No	No	Yes

Do you have questions for us? We would love to hear from you!

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