

2015 HANDLE BARBELL OPEN



- Cash prizes for best male and female lifter!
- T-shirts with Handle Barbell logo! (indicate size on entry form)

2015 HANDLE BARBELL OPEN
GENERAL INFORMATION & PARTICIPATION CONTRACT
July 18, 2015

VENUE: Mountain States Health Alliance Athletics Center (mini-dome)
Corner of John Robert Bell Drive and State of Franklin Road
Johnson City, TN 37604
423-439-4655 / www.sportscienceed.com

HOTEL: We recommend The Carnegie Hotel, located directly across from ETSU's campus
<http://www.carnegiehotel.com/>

MEET DIRECTORS: Christopher Taber

SANCTIONED BY: USA Weightlifting

ORGANIZING COMMITTEE: Stoneage Weightlifting Club

RULES: All competitors must be current USAW members. USAW registrations will be offered at the venue. Current USAW and IWF rules will apply.

ENTRY FEES: Individual - \$35
Junior/Youth - \$25
Late Registration Fee (after June 19th) - \$10
Paper Registration/Check Processing Fee - \$10
(All fees are nonrefundable)

MAKE CHECK PAYABLE TO: Stoneage Weightlifting Club

**ENTRY SUBMISSION
AND INQUIRIES:**

MAIL: Please mail completed registration form and check to (\$10 processing fee for paper registration/checks):

ETSU – CESSCE
Attn: Christopher Taber
Box 70654
Johnson City, TN 37614-1701

Please make check payable to "Stoneage Weightlifting Club"

ONLINE: visit <http://www.sportscienceed.com/weightlifting-meets.html> for online registration (note: if you would like to pay with cash on the day of the competition, you may register online and opt out of the PayPal screen)

For inquiries about the meet please email Christopher Taber at tabercb@goldmail.etsu.edu

ENTRY DEADLINE: June 19th, 2015 for early registration
June 20th – July 18th for late registration

AWARDS: Medals - top 3 in senior class for total.
\$50 cash prize for Best Lifter (male and female)

WEIGHT CLASSES (KGs):	DIVISION	BIRTH YEAR	WEIGHT CLASSES(KGs)
	13 and under BOYS	2001 or later	35/39/44/50/56/62/69/69+
	13 and under GIRLS	2001 or later	35/39/44/58/53/58/58+
	14-15 BOYS	1999/2000	44/50/56/62/69/77/85/85+
	14-15 GIRLS	1999/2000	44/48/53/58/63/69/69+

16-17 BOYS	1997/1998	56/62/69/77/85/94/105/105+
16-17 GIRLS	1997/1998	48/53/58/63/69/75/75+
18-20 BOYS	1994/1995/1996	56/62/69/77/85/94/105/105+
18-20 GIRLS	1994/1995/1996	48/53/58/63/69/75/75+
SENIOR MEN	1993 or earlier	56/62/69/77/85/94/105/105+
SENIOR WOMEN	1993 or earlier	48/53/58/63/69/75/75+

Lifting Attire:

All competitors must follow IWF rules regarding costume. Rules are as follows:

The costume:

- **may be one-piece or two pieces but must cover the trunk of the competitor**
- **must be close fitting**
- **must be collar-less**
- **may be of any color**
- **must not cover the elbows**
- **must not cover the knees**

Tentative Schedule:

Weigh-in and lifting schedule are subject to change. Changes, if needed, will be announced via email one week before the meet. This will be a one-platform competition.

Women's 48 – 75+ kg: weigh in at 7:00 am, lift at 9:00 am

Men's 56 – 85 kg: weigh in at 9:00 am, lift at 11:00 am

Men's 94 – 105+ weigh in at 11:00 am, lift at 1:00 pm

**2015 HANDLE BARBELL OPEN
OFFICIAL ENTRY FORM**

RETURN ENTRY TO: ETSU – CESSCE
Attn: Christopher Taber
Box 70654
Johnson City, TN 37614-1701

ENTRY FEES: Paper Registration: Individual - \$45 / Junior & Youth - \$35
(All fees are nonrefundable)

MAKE CHECK PAYABLE TO: Stoneage Weightlifting Club

Please enter me in the USA Weightlifting Handle Barbell Open. I certify that I am an amateur in good standing. In consideration of my entry in the competition, I do hereby waive, and release USA Weightlifting, their respective directors, officers, officials, agents, employees, assigns, partners, representatives and competition personnel, hereinafter known as the "Organizers," from any and all causes of action, loss, liability, claims and demands of every kind and nature, which I or my heirs or personal representatives may have for bodily injury, for expenses of medical treatment, hospitalization, and other care rendered to me in the event of my injury or illness, or for any and all other costs, damages or losses suffered or incurred by me or occasioned to me in connection with my travel to and from, and my participation in, the competition and related activities, except that the forgoing waiver and release shall not apply to injuries, damages, and losses resulting from the gross negligence and/or wanton misconduct of the Organizers or to bodily injuries and medical expenses covered by accidental death, dismemberment and/or loss of sight and medical reimbursement insurance policies maintained by the Organizers.

I agree to be filmed and photographed under conditions approved and authorized by the USA Weightlifting, to include the use of my name, biographical information, public appearances, interviews, photographs, portrait and motion pictures and television recordings of my weightlifting performance and grant to USA Weightlifting and Organizers the right to record and make use of the same, and to authorize others to do so in promoting the competition and the success of the weightlifting team on which I compete, to promote the image of USA Weightlifting, the Organizers, their sponsors and advertisers, and the sport of amateur weightlifting, and to fund the activities of the USA Weightlifting.

I (and my parent or guardian, if I am a minor), agree that the Organizers and their agents, including competition personnel, may make judgments (with appropriate input from available medical personnel), as to my treatment, hospitalization or other medical care in the event of my illness or accidental injury in connection with my participation in the competition, should I be disabled or incompetent to make necessary and appropriate decisions concerning such treatment, hospitalization or other care. I authorize the Organizers, their agents and competition personnel to make such decisions for me as though they stood in a relationship to me of parent, guardian or next of kin should circumstances require the Organizers, their agents and competition personnel to make such judgments, and my next of kin cannot be timely and conveniently contacted to participate in the making of such judgments.

I hereby release and agree to hold the Organizers, their agents and competition personnel harmless from all expenses, causes of action, liability, claims and demands arising from good faith judgments made by the Organizers, their agents and competition personnel concerning my treatment, hospitalization and medical care in the event of my illness, injury or other emergent circumstances in connection with the competition.

I (and my parent or guardian, if I am a minor), agree that I will be financially responsible for treatment, hospitalization and other medical care rendered to me in the event of my illness, injury or other emergency circumstances in connection with the competition, except to the extent my injuries and medical expenses, if any, are covered by accidental death, dismemberment and/or loss of sight and medical reimbursement insurance policies maintained by the Organizers for my benefit, in which event I will nevertheless continue to be financially responsible for expenses of treatment, hospitalization and other medical care in excess of such policies' limits

I understand the above requirements and releases: _____
(athlete signature) *(date)*

ATHLETES UNDER 18 YEARS OF AGE MUST HAVE THE FOLLOWING SECTION COMPLETED BY A PARENT OR GUARDIAN

I have explained to my son/daughter the aforementioned releases and conditions and their ramifications and I further consent to his/her registration for this USA Weightlifting activity under the above stipulated conditions.

PARENT/GUARDIAN SIGNATURE _____ DATE _____

PRINTED PARENT/GUARDIAN NAME: _____

